Gratitude

A couple of years ago, I attended a four-week meditation class for cancer patients that was hosted by a local hospital’s oncology therapist. I don’t have cancer, but because the class was open to the public, I signed up, wanting to learn something useful.

A homework exercise one week was to write each day at least three things that we were grateful for. A cancer patient in the class told us that she’d done that every day for over a year, and she believed it had had a positive impact on her health, based on a conversation with her oncologist:

At an appointment to review her latest cancer markers, her oncologist was astounded. “Sally, what have you been doing?” he asked. “Your numbers look great!”

She shrugged and shook her head. “Nothing new, nothing I haven’t done before,” she replied. “No,” he said. “You’re definitely doing something different. What is it?”

She thought for a moment and then mentioned the gratitude journal. “Could that be it?” she asked.

“Keep it up,” he said.

After sharing that personal story with us, she gave each of us a gift, a small notebook she had personally decorated – a “gratitude journal,” she called it – in which she encouraged us to write at least three things we were grateful for before we went to sleep at night. No matter how bad a day has been, there is always something to be grateful for.

— Margie Arnold
MUSH, MUSH!


I had never done anything like dogsledding. Ever. It wasn’t a trip Outdoor Recreation offered every year. I thought about it, for a week. And, honestly, in the end, I was afraid that if I didn’t go, I didn’t know if I’d have the chance to do it again.

Okay, sign me up!

Geez, it was the coolest experience! The dogs were lean and hungry to get running on the snow covered trails. They were so excited that several of them literally leapt almost two feet straight up in the air even though they were harnessed to the team and sled. Let’s get this show on the road, they seemed to demand.

We humans took turns riding in the sled or driving the sled, standing on the sled’s rudders. The Huskies were in their element, running, barking, pulling hard — doing what they had been bred to do.

A family with two young boys on the trip were joyful. They squealed with laughter the whole time. Mush, mush, they yelled to the dogs. Around the corners. On the straightaways. Up the hills. As we paused for a short break, the boys insisted, “I want a Husky! I want a Husky!”

I had a blast and was so thrilled I went on the trip.

In retrospect, Outdoor Recreation wasn’t able to offer Dogsledding for the next five years. Why? DoD budget cuts in Washington that led to cuts in funding that base-level activities, like Outdoor Recreation, relied on to help make their programs a little more affordable. Those budget cuts also led to reductions in staff, too. Both impacted what we could offer our customers.

This season, Outdoor Recreation is offering some truly out-of-the-ordinary day trips: Falconry (December 12), Dogsledding & Tubing (December 19, February 6), and Cat Skiing (March 13). Exciting stuff! Don’t sit home if the-ordinary day trips: Falconry (December 12), Dogsledding & Tubing (December 19, February 6), and Cat Skiing (March 13). Exciting stuff! Don’t sit home if

Tubing (December 19, February 6), Ski Bike Lessons (January 23 – Breck), and a four hour lesson. This is an amazing deal and spots will fill up fast, so call soon to reserve your lesson!

Cost: Regular Price - $185; R4R Price – $50
Location: Monarch Mountain
Restrictions: None
Sign-up deadline: None

This season we are partnering with Monarch Mountain to offer our customs a ski lesson package which includes a shuttle ride to and from the mountain, lift ticket, rental equipment, and a four hour lesson. This is an amazing deal and spots will fill up fast, so call soon to reserve your lesson!

Cost: Regular Price – $185; R4R Price – $50
Location: Monarch Mountain
Restrictions: None
Sign-up deadline: By noon two days prior to the trip.

Time: 6 a.m.-6 p.m.

LIFT TO THE LIFTS (L2L)

Take the headache out of heading up to the mountains this winter and let us do the driving! Join us this winter as we head up to a variety of ski resorts every other Saturday.

Cost: Regular Price - $35
Location: Monarch, Breckenridge, Keystone
Restrictions: None
Sign-up deadline: By noon two days prior to the trip.

Dates:
- Dec. 5 – Monarch
- Dec. 19 – Keystone
- Jan. 9 – Monarch
- Jan. 23 – Breck
- Feb. 6 – Monarch
- Feb. 20 – Keystone
- Mar. 6 – Monarch
- Mar. 20 – Breck
- Apr. 3 – Monarch
- Apr. 10 – Keystone
Time: 6 a.m.-6 p.m.

FALCONRY

Falconry is the ancient sport of training and flying hawks, falcons and owls. Many believe the sport is over 4,000 years old. This is a rare opportunity to see the ancient bond between man and bird. In a small group, you will interact with a variety of hawks, falcons and owls.

Learn their natural history and their differences and see an unforgettable flying demonstration. This beginner’s experience culminates with a chance for you to put on a glove and hold a trained falcon.

Cost: Regular Price - $185; R4R Price - $40
Location: The Broadmoor
Restrictions: None
Sign-up deadline: By noon December 10
Date: Saturday, December 12
Time: 10 a.m.-2 p.m.

MONARCH SKI LESSONS

If you are new to skiing or snowboarding, taking lessons can give you the skills and confidence to drastically increase your enjoyment of the sport.

This season we are partnering with Monarch Mountain to offer our customers a ski lesson package which includes a shuttle ride to and from the mountain, lift ticket, rental equipment, and a four hour lesson. This is an amazing deal and spots will fill up fast, so call soon to reserve your lesson!

Cost: Regular Price – $185; R4R Price – $50
Location: Monarch Mountain
Restrictions: None
Sign-up deadline: By noon two days prior to the trip.

Time: 6 a.m.-6 p.m.

DOGSLEDDING AND TUBING

Being pulled through the snowy mountains on a dogsled is a thrilling and beautiful experience. These Siberian Huskies are playful, friendly, and will happily give you a one-of-a-kind tour on the snowy trails near Breckenridge, CO.

Then, after dogsledding, we’ll polish off the day with tubing at a premier adventure park in Summit County. Price includes roundtrip transportation, dogsledding tour, and ticket for snow tubing.

Cost: Regular Price - $205; R4R Price – $50
Location: Summit County, CO
Restrictions: Must be at least 4 years old; not recommended for women who are pregnant.
Sign-up deadline: By noon two days prior to the trip.

Dates: Saturdays: Dec. 19, 2020 and Feb. 6, 2021
Time: 6 a.m.-6 p.m.

MORE GREAT DAY TRIPS ON PAGE 3B

Bingo! We’re back playing our favorite game starting 6 p.m. Monday, December 14, in the Peterson Hub Ballroom and Reception Lounge. Ticket sales begins at 4 p.m. Game packs are $6 or $9, with additional cards at $1 each.

SORRY, NO BUFFET, BUT YOU CAN ORDER FROM OUR BAR MENU.

Current Public Health Guidelines for COVID-19 apply, including required sign-in, wearing masks when six-foot social distancing cannot be maintained, except when eating/drinking.

For more information, call 210-633-6012.
ADVENTURES GALORE with OUTDOOR RECREATION – 719-556-4867, Option 1.

- ALL COSTS ARE PER PERSON. Trips fill fast. Sign up at least 48 hours in advance – or sooner as indicated – for all day trips. Visit https://www.21fss.com/about/outdoor-recreation/day-trips/ for complete details. Call Outdoor Rec at 719-556-4867, Option 1.
- LIFT TO THE LIFTS (L2L) – December 5, 19, January 9, 23. Cost is $35/person regular price.
- MONARCH SKI LESSONS – December 12, January 9, and February 6. Cost is $185/person regular price; $70/person R4R price.
- FALCNRY – December 12. Cost is $185/person regular price; $40/person R4R price.
- DOGSLEDDING & TUBING – December 19; February 27. Cost is $190/person regular price; $75/person R4R price.
- INTRO TO BACKCOUNTRY SKIING – December 19, 27. Cost is $99/person.
- RV STORAGE LOT – Store your RV at Outdoor Rec’s storage lot. Prices range from $25 to $40.
- USED CAR LOT – If you want to sell your vehicle or need to buy a good used vehicle, this is the place to do it. Call us for details, 719-556-4867, Option 1.

AIRMAN & FAMILY READINESS CENTER – 719-556-6141

- A&FRC CLASS SCHEDULE – Always available at https://www.21fss.com/about/airman-family-readiness/class-schedule/
- BASIC RESUME – 9-10:30 a.m. November 19, December 17.
- BUNDLES FOR BABIES – 1-4 p.m. December 3.
- CAREER PLANNING FOR SPOUSES – 8:30 a.m.-2:30 p.m. December 3-4 (must attend both days.)
- DEPLOYED FAMILY AND COMMUNITY DINNER (DFCD) – Second Thursday of every month from 5-7 p.m. and held at the Base Chapel, unless indicated otherwise.
- MILITARY FAMILY LIFE COUNSELOR – 719-433-2671 or 719-425-5432.
- PLAN MY MOVE STATESIDE – 9-10 a.m.—11:30 a.m. December 10.
- PRE-DEPLOYMENT – 1-3 p.m. Mondays except on holidays (call to verify).
- RIGHT START – 7:30 a.m.-3 p.m. December 8.
- SCHOOL LIASON – For information on Colorado Springs school districts.
- TAP – 7:30 a.m.-5 p.m. November 16-20, December 14-18.
- VOTING ASSISTANCE – Stop by and pick up voting materials, including registration/absentee ballots. www.fvap.gov
- WELCOME HOME – 10 a.m.-11 p.m. every Wednesday (call to verify).

ARTS & CRAFTS – 719-556-4867, Option 2

- IT’S ALWAYS THE RIGHT TIME OF YEAR TO GIVE A PERSONALIZED GIFT. Have it framed or engraved at our Framing or Engraving shop. Get your mementos and special items framed or engraved for gift giving or as a keepsake for yourself. Pete does a meticulous job.
- OUR FRAME SHOP HAS ONE OF THE AREA’S LARGEST SELECTIONS of frames, glass and matting options and a variety of shadow boxes. See samples of our professional, exacting work.

SEE THE GREAT DAY TRIPS WE’RE OFFERING THIS WINTER. Visit www.21fss.com

INTRO TO BACKCOUNTRY SKIING / SNOWBOARDING PARTNERED WITH USAFA!

Get off the resort and spend a day skiing and riding your own personal powder, big lines, and tranquil trees in the backcountry.

This one day trip geared toward beginner backcountry users will teach you the basics of using modern backcountry touring equipment and avalanche safety gear.

It’s also a great way to get some perspective on how to stay safe and have fun, deep in the mountains, away from the chairlifts.

Your guide will take you to the best snow around, and show you the benefits to earning your turns in the Rockies!

These trips are for intermediate to advanced level resort skiers and riders, and those who are cardio fit.

Cost: Regular Price - $99
Location: Dependent on where the snow is!
Restrictions: Must be Intermediate to Advanced skier/rider ability.
Sign-up deadline: By noon two days prior to the trip
Dates: Dec: 19, 27; Jan: 2, 16, 30; Feb: 6, 27; Mar: 7, 20; Apr: 3; May 8.
Time: 6 a.m.-6 p.m.

INTRO TO ICE CLIMBING PARTNERED WITH USAFA!

Colorado is home to some of the best ice climbing in the world, and we are lucky enough to have some beautiful frozen waterfalls perfect for beginners right here in Colorado Springs and surrounding areas.

Come with us to learn about this fun, exciting, and surprisingly easy activity in North Cheyenne Cañon or on Lincoln Falls. We will teach you how to climb these frozen flows and how to safely use ice climbing equipment, as well as how to obey your partners. Don’t miss out on this unique and extremely fun part of the Colorado outdoor scene!

Cost: Regular Price - $99
Location: Dependent on where the ice is!
Restrictions: Must be 9 years of age or older.
Sign-up deadline: By noon two days prior to the trip.
Dates: Sunday, Dec. 20; Saturday, Dec. 26; Sunday, Jan. 3; Saturday, Jan. 9; Saturday, Jan. 23; Sunday, Jan. 31; Saturday, Feb. 20; Sunday, Feb. 28; Saturday, Mar. 6; Sunday, Mar. 14; Saturday, Mar. 27.
Time: 7 a.m.-7 p.m.

SAFETY TIPS
- Use a helmet and proper safety equipment.
- Tell someone where you are going and when you expect to return.
- Check the weather forecast and know your skill level.
- Make sure your equipment is in good condition.

R4R discounted pricing is available to:
Active Duty Air Force and their dependents, Air Reserve and Air National Guard members and their dependents, Sister Service members and their dependents (Navy, Coast Guard, Marines, Army) only if they are PERMANENTLY stationed on an Air Force installation. They need to have PCS orders to an Air Force installation, TDY orders do not count.

Who is NOT eligible:
Non-dependent family of eligible members, Sister Service members (and family) NOT permanently stationed on an Air Force installation (i.e. Army member stationed at Fort Carson is not eligible), Foreign military members, Veterans, Retirees.
**Where to Grab a Bite on Base**

**ARAGON DINING FACILITY (DFAC)**  
719-556-4723  
- The DFAC is open and operating under normal hours.  
- Dine-in seating is available, but capacity is limited at this time.  
- To-go service remains an option for customers.  
- COVID-19 protocols apply within our facility: Members entering the DFAC must wear a mask, wash hands upon entry, and maintain social distancing while in the facility.  
- Our Thanksgiving Dinner is from 11 a.m.-12:30 p.m. Thursday, November 26. Price is a la carte. All individuals with base access are welcome.

**GREENSIDE GRILL**  
719-554-4454  
- Offering dine-in service, but with limited seating.  
- Lunch to-go is available 11 a.m.-1 p.m. Mon-Fri.  
- To place your order in advance, call 719-556-4454. Or you may order in person, while practicing social distancing.  
- Book your holiday parties at Silver Spruce Golf Course. Contact Tiffany at 719-574-4103.

**STRIKE ZONE CAFÉ**  
719-556-4607  
- Dine-in service only for bowlers. To-go orders are available for all others. To place your take-out order, call 719-556-4607.  
- Hours: 11 a.m.-5 p.m. Monday – Friday.

**COLORADO PIZZA & SPORTS GRILL**  
719-574-8863 or 719-574-8903  
- Dine-in service available 11 a.m.-6 p.m. Tuesday – Thursdays, 11 a.m.-8 p.m. Fridays. Seating capacity is limited.  
- To-go service and pizza delivery are also available. To place your order, call 719-574-8863. Visit www.21fs.com/about/colorado-pizza/  
- Our Thanksgiving Meal is from 11 a.m.-8 p.m. Friday, November 20, in the Colorado Pizza overflow dining room. Cost is $12 for non-members, $10 for members. Available for dine-in and take-out. For large parties of 10 or more, call 210-633-6012 to make a reservation.

**BIERGARTEN**  
719-574-8863 or 719-574-8903  
- Call for reservations at 719-574-4103 or e-mail at petersonhub@spaceforce.mil

**SPACE FITNESS Challenge**

Last call for you to run and/or walk your way to fitness with our Space Fitness Challenge. The challenge launched July 1 and will conclude December 31, 2020. Yes, even now you can hop on board. You can run in the remaining weeks. The program has different tiers/milestones that create a competitive atmosphere among participants. A space themed T-shirt will be awarded for each tier/milestone you reach.

- 50 Miles – Apollo, red T-shirt of first lunar mission  
- 150 Miles – Endeavor, blue T-shirt of final shuttle mission  
- 300 Miles – Atlantis, green T-shirt of first shuttle to launch interplanetary probes  
- 500 Miles – Falcon 9, silver T-shirt of latest ‘new tech’ space shuttle  

Each tier will be attained by tracking your miles as you run, and you can do that by using the Nike Run Club App. For details on how you can still join the Space Fitness Challenge, visit https://www.21fs.com/about/fitness-center/  
For more information or if you have any questions, contact the Fitness Center staff at the front desk, 719-556-4462, Option #1.

**BOWLING – 719-556-4607**

- WE ARE OPEN FOR BOWLING – seven days a week. Bowling is by reservation only.  
- ON MONDAYS – FRIDAYS, RESERVATIONS START FROM 11 a.m. – 1 p.m.; then from 1:30 – 3:30 p.m., and finally from 4 – 6 p.m.  
- THE COST OF TWO HOURS OF BOWLING with rental shoes is $15 per hour.  
- EACH LANE WILL HAVE their own sitting and eating area  
- WE HAVE ALLOTTED HALF AN HOUR BETWEEN BOWLING RESERVATIONS TO SANITIZE THE BOWLING areas once customers are finished.  
- WE WILL ALSO SANITIZE THE BATHROOMS throughout the day.  
- PER PUBLIC HEALTH GUIDELINES, WE WILL CHECK TEMPERATURES AT THE ENTRANCE TO THE BOWLING CENTER. Masks must be worn, unless bowlers are bowling or eating/drinking.  
- ON SATURDAYS AND SUNDAYS, we’ll be open from 11 a.m.–4 p.m. starting Saturday, December 5.  
- ON SATURDAYS AND SUNDAYS, EIGHT LINES WILL BE AVAILABLE, allowing us to bowl every other lane. We’re adding some flavor to the experience with these fun programs:  
  - SATURDAYS ARE NCAA JERSEY DAY – Wear your team’s jersey and bowl for $1 per game. We will have four different NCAA football games on the TV’s.  
  - SUNDAYS ARE NFL JERSEY DAY – Wear your team’s jersey and bowl for $1 per game. We will have four different NFL football games on the TV’s.  
  - ON SATURDAYS AND SUNDAYS, THE STRIKE ZONE CAFÉ WILL BE OPEN 11 a.m.–3 p.m. and will offer food specials each day!  
  - ON BOTH SATURDAYS AND SUNDAYS, DORM RESIDENTS CAN BOWL FOR JUST $1 PER GAME. They can also play Xbox 360 / PS3 / Wii games in the front room, while social distancing. There will be a per-hour charge or they can play for FREE with the purchase of a combo meal.

**EDUCATION & TESTING CENTER – 719-556-4996 or 21fss.fsde@us.af.mil / 21fss.fsde.test@us.af.mil**

- NOTE: THE EDUCATION OFFICE IS OFFERING LIMITED IN-PERSON SERVICES BY APPOINTMENT ONLY. No walk-in services provided. Contact the Education/Testing Center via email for assistance.  
- UNIFORMS REQUIRED FOR MILITARY TESTING: Per AFMAN 36-2664, Personnel Assessment Program, all examinees MUST be in uniform/uniform of the day for ALL exams given, regardless of the type of exam or active/reserve status. This includes WAPS, PME, DLPT, DLAB, CDC, EOC, AFCT, etc. This is a mandatory requirement. Individuals who are not in uniform will be asked to reschedule. We strive to create a suitable test environment for our Airmen, and we greatly appreciate your contribution to this by following all testing procedures.  
- ONLINE TEST SCHEDULING THROUGH YOUR AFVEC ACCOUNT: You can now schedule your PME, DLPT and DLAB exams online. Test dates can be requested via The Air Force Virtual Education Center (AFVEC) under the “Scheduled Tests” tab by clicking SCHEDULE TEST. Your AFVEC account can be accessed through the Air Force Portal under the Education/Training/Force Development. If you do not have an AFVEC account, please take a moment to create one so that you can
**UPCOMING EVENTS:**

- **TUITION ASSISTANCE (TA) BRIEFING:** This briefing is required for all first-time TA users and any personnel who have previously used TA but who have not pursued their education within the last 12 months. TA Briefings are conducted every Tuesday at 2 p.m. and Friday at 9 a.m. by appointment only. Email Kymberlee at 21fss.fsde@us.af.mil for assistance with scheduling.

- **DOD TRANSITION ASSISTANCE PROGRAM (TA) EDUCATION TRACK:** Separating or retiring from the military and thinking about going back to school? This two-day program guides you through the variety of decisions involved such as choosing a degree program at a college institution, funding considerations, and the process of scheduling a test. Please call 719-556-4996 or email the Peterson Test Center at 21fss.fsde@us.af.mil to set an appointment.

- **COMMISSIONING BRIEFING:** If you are interested in becoming an Air Force officer, this is a great starting point to gain an overview of the programs for enlisted personnel to commission. Briefings are conducted quarterly and by appointment only. Email Bea Comp at 21fss.fsde@us.af.mil to request an appointment.

**On-Base Academic Institutions**

- **COLORADO CHRISTIAN UNIVERSITY**
  - **EDUCATION CENTER (AFVEC) SITE**
  - **HUM 101A – Creative Arts:** 11/10/20 – 12/15/20
  - **COM 115 – Public Speaking:** 1/7/21 – 2/4/21
  - **ENG 103A (Intro to College Writing):** 11/10/20 – 12/15/20
  - **PHL 205A – World Views:** 11/11/20 – 12/16/20
  - **MAT 110A – Math Concepts:** 11/10/20 – 12/15/20

- **PIKES PEAK COMMUNITY COLLEGE**
  - Spring classes for Pikes Peak Community College (PPCC) at Peterson Air Force Base (PAFB) are now open for registration!
  - **BENEFITS OF TAKING PPCC CLASSES AT PAFB INCLUDE:**
    - Smaller class sizes than traditional campus courses!
    - No additional fees are attached to these courses (a great way to save money!)
    - ENG 121, ENG 122, and COM 115 use Open Education Resource (OER) books = no out-of-pocket cost for books in these classes!
    - All courses are classified as hybrid which will count as an in-class course for VA benefit purposes!
    - Don’t delay; register today!

  - **Term MI – 8 weeks:** January 25 – March 21
    - **COM 115 – Public Speaking:** 3 credits • W - 5:30 p.m. – 8:10 p.m.
    - **ENG 121 – English Composition I:** 3 credits • T - 5:30 p.m. – 8:10 p.m.
    - **PSY 101 – General Psychology I:** 3 credits • M - 5:30 p.m. – 8:10 p.m.

  - **January 2021**
    - **COM 115 – Public Speaking:** 3 credits • W - 5:30 p.m. – 8:10 p.m.
    - **ENG 121 – English Composition I:** 3 credits • T - 5:30 p.m. – 8:10 p.m.
    - **ENG 122 – English Composition II:** 3 credits • M - 5:30 p.m. – 8:10 p.m.

- **SkillBridge program is an opportunity for Service members to gain valuable civilian work experience while becoming an Air Force officer, this a great starting point to gain an overview of the programs for enlisted personnel to commission. Briefings are conducted quarterly and by appointment only. Email Bea Comp at 21fss.fsde@us.af.mil to request an appointment.**

- **Contemporary Military Skills Program (CMSP):**
  - **MCCS/AFB/FSS Office:** 210-633-6012.
  - For additional information, please contact the Peterson Test Center at 21fss.fsde@us.af.mil to set an appointment.

**SKI PASSES**

- **IKON PASS $609**
  - Seek the unforgettable across 14 destinations that continually refill the need for adventure. (No Blackout Dates).
    - **Steamboat, CO**
    - **Big Bear Mountain Resort, CA**
    - **Winter Park Resort, CO**
    - **Stratton, VT**
    - **Copper Mountain Resort, CO**
    - **Snowshoe, WV**
    - **Eldora Mountain Resort, CO**
    - **Crystal Mountain, WA**
    - **Squaw Valley Alpine Meadows, CA**
    - **Tremblant, QC**
    - **Mammoth Mountain, CA**
    - **Blue Mountain, ON**
    - **June Mountain, CA**
    - **Squaw Valley Alpine Meadows, CA**
    - **Tremblant, QC**
    - **Mammoth Mountain, CA**
    - **Blue Mountain, ON**
    - **June Mountain, CA**
    - **Solitude, UT**

- **IKON BASE PASS $429**
  - Ski or ride as many days as you want, with limited blackout dates at select destinations.
    - **Winter Park Resort, CO**
    - **Big Bear Mountain Resort, CA**
    - **Copper Mountain Resort, CO**
    - **Snowshoe, WV**
    - **Eldora Mountain Resort, CO**
    - **Crystal Mountain, WA**
    - **Squaw Valley Alpine Meadows, CA**
    - **Tremblant, QC**
    - **Mammoth Mountain, CA**
    - **Blue Mountain, ON**
    - **June Mountain, CA**
    - **Solitude Mountain Resort, UT (B)**

  - **(B) = Blackout Dates**

  - Those eligible to purchase the IKON PASS and IKON BASE PASS are active duty, dependents, retired, retired dependents, or reserve. Each pass sold will be sold to someone with a military ID meeting these qualifications.

**IKON PASS On Sale Now**

**At These 12 Iconic Destinations**

**IKON BASE PASS $429**

**At These 14 Iconic Destinations**

**IKON PASS $609**

**Enjoy Unlimited Access**

**Stop by ITT, Bldg. 640, or call 719-556-1760**

A supplement to the Space Observer • Visit www.21fss.com for program details and hours of operation for 21st Force Support Squadron activities • NOVEMBER - DECEMBER 2020
FAMILY CHILD CARE RECRUITING NEW PROVIDERS

• LICENSED AND AFFILIATED PROVIDERS: Certified and licensed in-home care provided to Air Force families living either on or off base. Any eligible family with children ages two weeks to 12 years up to 50 hours per week.

• REQUIREMENTS TO BE A FAMILY CHILD CARE PROVIDER
  1. Complete an application and return it to the FCC office along with a copy of your H.S diploma or equivalent
  2. Participate in family interview and reference check
  3. Consent to Agency checks by Security Forces, Life skills and Family Advocacy
  4. Complete required orientation training
  5. Obtain physical examination

• EXTENDED DUTY CARE: Available during non-traditional hours for parents working temporarily extended or additional shifts to support the mission.

• DEPLOYMENT CARE: Air Force Family Child Care Deployment/Remote Child Care Support will provide additional child care hours for deployments/remote assignments. Families are authorized 16 hours for pre-deployment, 16 hours each month of the deployment/remote assignment, and 16 hours post-deployment.
  • AF FCC Deployment Child Care Support may be used once the member has orders and ends 60 days upon return from the deployment. AF FCC Remote Assignment Child Care may be used each month that the member is on remote assignment.
  • Care is dependent on the availability of funding and availability of FCC providers.

• SUBSIDY PROGRAM: Allows parents to use an AF FCC child care program for the same cost as the Child Development Center (CDC) or School Age Programs (SAP)

• CHILD CARE FOR PCS: Cares for children while parents prepare for PCS move. Covers 20 hours of care per child at both departing and new base. Must be used within 60 days of departure or arrival.

• ANG/AFR HOME COMMUNITY CARE: Allows ANG/AFR parents to use licensed and affiliated EDC homes during drill weekends.
  • Care is dependent on the availability of funding and availability of FCC providers.

• RESPITE CARE: EFMP Respite care program is designed to assist Air Force families with short-term specialized child care (to help reduce the stress associated with caring for an exceptional family member)

• PETERSON AFB FAMILY CHILD CARE PROGRAM is currently recruiting new providers. Please contact the FCC Coordinator at 719-556-4322, Building 1465.

FITNESS CENTER – 719-556-4462

• OPERATING HOURS - 5 a.m.–8 p.m. Monday – Friday only; closed weekends.

• AUTHORIZED PATRONS:
  • ACTIVE DUTY MILITARY MEMBERS working/living on Peterson AFB, Schriever, AFB and CMAFS.
  • DOD/GS CIVILIANS who work and/or live on Peterson, Shriever, or Cheyenne Mountain can have access to the Fitness Center between 5-8 a.m. and 12-3 p.m. on Mondays, Wednesdays and Fridays, no reservations needed. DoD Civilians will still need to sign in and sign out of the facility.

Please be advised of the following guidelines:

• Patrons must wear a mask/face covering in order to enter the facility and in the strength training areas.

• Patrons do NOT have to wear a mask while exercising on cardio equipment.

• We ask that you abide by the posted signage indicating authorized physical distancing measures and head counts.

• We ask you to please stay home if you feel ill or have fever.

• In addition to checking ID cards, our fitness staff will be conducting temperature checks as patrons enter, as an added health and safety precaution. Patrons with elevated temperatures will be asked to return home.

• The Fitness Center outdoor track remains available for use with appropriate social distancing.

• If you have any questions, please call the Peterson Fitness Center front counter at 719-556-4462.

Continued from page 5B

1. HUM 115 – World Mythology • 3 credits • R-5:30 p.m.– 8:10 p.m.

Term M13 – 10 Weeks: March 21 – May 16

• PHI 112 – Ethics • 3 credits • 5-9 a.m. – 11:40 a.m.

Term M14 – 8 Weeks: March 29 – May 23

• ART 110 – Art Appreciation • 3 credits • 5-9 a.m. – 11:40 p.m.

• COM 115 – Public Speaking • 3 credits • F-11 a.m. – 1:40 p.m.

• ENG 122 – English Composition II • 3 credits • T-5:30 p.m.– 8:10 p.m.

• HIS 112 – The World 1500– Present • 3 credits • W-5:30 p.m.– 8:10 p.m.

• POLAR BEAR GOLF SERIES

Silver Spruce Golf Course

Hosts its popular, fun Polar Bear Golf Series during the winter.

• Saturdays: Dec. 5, 19, Jan. 9, 23, Feb. 6, 20

• Shotgun start is 9:15 a.m.

• Entry fee is $20.

• Register the Friday before the Saturday play date.

If the golf course is open - we play.

We will award an individual winner after each event, plus a series winner.

Missed me... Guess you haven’t been practicing. Too bad, ha ha!

On Saturdays and Sundays, the Strike Zone Cafe will be open 11 a.m.–3 p.m. and will offer food specials each day!

Per Public Health Guidelines, we will check temperatures at the entrance to the Bowling Center. Masks must be worn, unless bowlers are bowling or eating drinking.
Continued from page 6B

INFORMATION, TICKETS & TRAVEL
ITT 719-556-1760

ITT IS LOCATED IN BLDG. 640 along with Outdoor Recreation, Leisure Travel, Frame Shop & Engraving, and Bike Shop. Call 719-556-1760. Visit https://www.21fss.com/about/tickets/ to see all the great tickets discounts we have.

- IKON PASS and IKON BASE PASS – On sale now at discounted prices!
- ROYAL GORGE RAILROAD – Take this exciting train ride through the Royal Gorge, and ride alongside the rushing whitewater of the Arkansas River and surrounded by tall granite walls of this famous gorge.
- ROYAL GORGE BRIDGE PARK – Tickets are $25 for adults, $20 for children.
- OVERDRIVE RACEWAY (indoor Kart Racing) - $43 for a 3-race ticket.
- UNIVERSAL STUDIOS FLORIDA - Has reopened. ITT is selling tickets again!
- WALT DISNEY WORLD – Has re-opened. ITT is selling tickets again!

LIBRARY – 719-556-7462

- THE LIBRARY IS OPEN MONDAY – THURSDAY 11 A.M. TO 5 P.M. with limited capacity and services. Email questions to peterson.afb.library@gmail.com.
  - Entry limited to 15 people at once.
  - Masks and physical distancing required.
  - Computer lab reduced to 4 workstations.
  - Returns limited to outdoor drop box.
  - In-person programs suspended.
  - Donations suspended.
- FOLLOW @21FSS ON FACEBOOK to join your Team Pete #livingroomlibrary for virtual fun, learning, and status updates.
- GIGGLE MONSTER MONDAYS – Tune in to our resident monster, Floyd Peterson, cracking corny jokes for a little comic relief!
- CHAPTER BY CHAPTER – Humor from our Director in recreating childhood experiences in the travel industry. We do it all – domestic and international travel, cruises, destination weddings, and more!
- FIRST AND STORYTIME – Enjoy authors & celebrities reading kiddo favorites aloud and on camera!
- REFUEL FRIDAYS – Check in to see how we restock our resiliency reserve & resources to help you do the same!
- AF LIBRARIES eRESOURCES – Log into AF Portal for A-Z list, descriptions, & access. No CAC access? Email us!

SILVER SPRUCE GOLF COURSE – 719-556-7414

- POLAR BEAR GOLF SERIES – Silver Spruce Golf Course hosts its popular, fun Polar Bear Golf Series during the winter. If the golf course is open, we play!
  - Dates are: Saturdays: Dec. 5, 19, Jan. 9, 23, Feb. 6, 20
  - Shotgun start is 9:15 a.m.
  - Entry fee is $20.
- REGISTER the Friday before the Saturday play date.
- We will award an individual winner after each event, plus a series winner.

2 FOR 1’S IN NOVEMBER – Starts at 12 p.m. Nov. 1 thru Nov. 21. The cost is $50 for two players, and you get a cart for 18 holes.

- DOLLAR PER HOLE GREEN FEES - Dec. 1 thru Feb. 28
- BOOK YOUR HOLIDAY PARTIES AT THE GOLF COURSE – Contact Tiffany at 719-574-4103.

RP LEE YOUTH CENTER – 719-556-7220

- WE OWN FRIDAY NIGHT: SLEDDING IN THE SNOW
  - THE YOUTH CENTER WILL HAVE A DAY IN THE SNOW – FOR TEENS ONLY! - with sledding and snowball fights on Saturday, December 12. We will leave the Youth Center at 9 a.m. and return about 5 p.m. Youth are encouraged to bring a sack lunch or money to purchase food. Please dress appropriately for winter weather. This event needs a minimum of eight youth in order to go. For more information, call the Youth Center at 719-556-7220.

BABYSITTER COURSE

- COURSE INCLUDES Rescue Breathing, basic and advanced first aid, infant and child conscious and unconscious choking and child and infant CPR.
- COST is $45. To sign up call the Youth Center, 719-556-7220, or sign up in person at the Front Desk.
- OFFERED FROM 8 a.m.-4:30 p.m. on Wednesday, December 30.
- SUCCESSFUL COMPLETION requires participation in classroom and skills demonstration. Some practice sessions require physical activity.
- PLEASE WEAR COMFORTABLE CLOTHING and avoid wearing dangling jewelry or jewelry with sharp edges.
- FOR THOSE WITH LONG HAIR: Please wear your hair up or bring a ponytail holder.
- YOUTH MUST BRING THEIR OWN LUNCH; they will get a 30-minute break to eat. Snacks and drinks are allowed in the classroom.
- IF YOU HAVE A MEDICAL CONDITION OR DISABILITY, or if you have any questions regarding your ability to participate fully in this course, ask your parents or guardians to discuss this with your physician or health-care provider and the appropriate person at the local Red Cross chapter before you start the course.

A NEW SKI MOVIE Get psyched for winter sports when you see this cool thriller – HUCK YEAH! See it on Saturday, November 21, in the Base Auditorium.

The Leisure Travel office at Peterson AFB is specifically dedicated to travel discounts for the military. Our two full-time professional travel agents on site have 25+ years combined experience in the travel industry. We do it all – domestic and international travel, cruises, destination weddings, and more! Due to COVID-19, our Leisure Travel office is available from 9 a.m.-4 p.m. Mondays-Fridays. You can reach us by phone: Renate at 719-556-2116 or Teresa at 719-556-6447. Or by email: renatepowell@earthlink.net and teresashonka@earthlink.net.

LEISURE TRAVEL
See how you can save on your next travel.

The Prize Giveaways. Entry into one of the prize giveaways. There is limited seating for the film. Just 60 tickets are available. So don’t wait to get yours.

TICKETS ARE $5 EACH, AND INCLUDES ONE ENTRY INTO ONE OF THE PRIZE GIVEAWAYS.

To purchase your ticket today, call Outdoor Recreation at 719-556-4867. There will be prize giveaways, food and beverages will be provided by The Hub, and there will be free popcorn!

You can see the official film trailer (2:40) by visiting the home page of www.21fss.com and clicking the Huck YEAH! post near the top of the home page (https://www.21fss.com/news/huck-yeah/)

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Thanks to the 29FSS, 21st Force Support Squadron, for making this publication possible.

A supplement to the Space Observer • Visit www.21fss.com for program details and hours of operation for 21st Force Support Squadron activities • NOVEMBER - DECEMBER 2020 7B
AERO CLUB

NOVEMBER FLIGHT SPECIALS
November 24 – Save $5 off per hour on the T41D.
December 2 – Save $5 off per hour on the T41C.
December 8 – Save $5 off per hour on the T41C.
December 14 – Save $5 off per hour on the T41D.
December 29 – Save $5 off per hour on the T41D.
For more information, please call us at 556-4310 for details.

PRIVATE PILOT GROUND SCHOOL

The Rocky Mountain USAF Flight Training Center (aka Aero Club) offers a Private Pilot Ground School about every eight to nine weeks. Cost for the Ground School is $650.

While the course is a Jeppesen online course, you will meet with the instructor about every other week from 6-8 p.m. to go over course materials and have a chance to ask questions. Completion of this course prepares you to take the FAA Written Exam with the endorsement from the instructor and satisfies the FAA minimum requirement for the Ground School portion.

After you pass your FAA Written Exam, you will have two years to complete the flying portion and pass the Checkride with an FAA DPE for your Private Pilot License requirements.

If you have any questions, visit the Aero Club in Hangar 133 here on Peterson AFB or call us at 719-556-4310. For details, call us at 719-556-4310 or visit www.21fss.com.

ABOUT OUR FLIGHT SCHOOL

We are an FAA Part 141 Flight and Ground School. One of the many advantages of a Part 141 School is the FAA oversight of all aspects of training and aircraft. Approved Part 141 schools guarantee the student will receive training in accordance with FAA standards. Also, we are affiliated with Utah Valley State University and Embry-Riddle Aeronautical University.

2021 MILITARY CHILD OF THE YEAR AWARDS

Nominations and Applications Open for Operation Homefront’s 2021 Military Child of the Year® Awards

Seven Military Child of the Year® (MCOY) Awards are presented to one outstanding child from each service branch: Army, Marine Corps, Navy, Air Force, Coast Guard, National Guard and the Space Force. The awards recognize the recipients for their resiliency, leadership and achievement during their parents’ service. Each recipient receives a free trip along with one adult guardian and guest to Washington, D.C., a laptop, and a cash award of $10,000.

The eighth award is the Military Child of the Year® Award for Innovation. This award goes to a military child who has designed a bold and creative solution to address a local, regional, or global challenge. The recipient receives a $10,000 cash award, a laptop, a free trip along with one adult guardian and guest to Washington, D.C., and will meet with a team of Booz Allen employees for project support. Booz Allen Hamilton has presented this award and provided the experts for the last four years.

Recipients and their families will arrive in Washington, D.C., on April 5-6, 2021, for events, tours, and activities leading up to the Awards Gala. The gala will be held the evening of Thursday, April 8, 2021.

ELIGIBILITY

All applicants must meet each of the following eligibility criteria:

• Be a legal dependent of a service member or military retiree (Finalists must provide DEERS enrollment form)
• Be between the ages of 13-18 at time of nomination
• Be able to travel to Washington, D.C., to attend the MCOY Gala and other events (April 5-9, 2021)
• Agree to a background check (if selected as finalist)
• Provide letters of recommendation (if selected as a semifinalist)
• Be willing to participate in media and donor opportunities

WHO MAY NOMINATE FOR THE MILITARY CHILD OF THE YEAR® AWARD

Parents, siblings, teachers, coaches, clergy, neighbors, grandparents, and anyone familiar with the child’s achievements.

HOW TO NOMINATE SOMEONE FOR A MILITARY CHILD OF THE YEAR® SERVICE BRANCH AWARD

Simply go to www.militarychildoftheyear.org and click the Nominations tab. Nomination fields include when and how long a parent has deployed, number of family moves, Gold Star Family or EOMAP status, whether a parent is a wounded service member, nominee’s volunteerism, and five short answers as to why the nominee is deserving.

HOW TO APPLY FOR THE MILITARY CHILD OF THE YEAR® AWARD FOR INNOVATION

Youth ages 13-18 may apply for the Innovation Award at www.militarychildoftheyear.org during the application period. They are not required to be nominated by another person.

WHEN TO NOMINATE OR APPLY

The nomination and application periods is open and closes December 7, 2020, at 11:59 p.m. Eastern Time.

QUESTIONS

Please visit our website, www.militarychildoftheyear.org, and click FAQs (Frequently Asked Questions). The website provides a wealth of program details, including profiles of previous recipients. For further information, contact Jenny Valderas, Senior Director of Family Support Services, 210-760-7366 or Jenny.Valderas@operationhomefront.org.

Personal & Work/Life
Creating Strong Families • December 2 • 6-7 p.m.
Transition Assistance Program
*Pre-Separation • Every Tuesday • 8 a.m.-Noon (call to verify)
*TAP Workshop • December 14-18 • 7:30 a.m.-5 p.m.
Capstone • Call to schedule individual appointments
Readiness
Pre-Deployment • Every Monday • 1-3 p.m. (call to verify)
Welcome Home • Every Wednesday • 10-11 a.m. (call to verify)
Relocation
*Right Start • December 8, 7:30 a.m.-3 p.m.
*Plan My Move Overseas • December 10, 8-10:30 a.m.
*Plan My Move Stateside • December 10, 9:10-11:30 a.m
Online Sponsor Training • http://apps.militaryonesource.mil/east
Employment
*Basic Resume • December 17, 9-10:30 a.m.
One On One Resume Review • Call to schedule an appointment
Air Force Aid
Bundles for Babies • December 3, 1-4 p.m.
School Liaison
For information on Colorado Springs School Districts: www.21fss.com/about/airman-family-readiness/school-liaison-officer

*Inciement Weather/Late Reporting: Morning classes begin at 10:00 AM
*Please call to register for all briefings.

Quick Reference NUMBERS:
Front Desk 719-556-6141
Casualty Assistance 719-556-6232
Survivor Benefits 719-556-4229
Air Force Aid After Hours 877-272-7337
MFLC 719-435-2671 or 719-433-543
AIRMAN & FAMILY READINESS CENTER
135 Dover St., Ste 1203
719-556-0141
877-272-6141
WWW.21FSS.COM

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