



JOINING COMMUNITY FORCES

WEEKLY NEWSLETTER

MAY 22, 2020



COVID-19 RESOURCES: THESE LINKS WILL BE UPDATED REGULARLY

COVID-19 Resource

Directory

Here is a compiled list of resources that we have found to assist with those struggling because of COVID-19. This list is constantly growing and we would like to keep it as updated as possible. If you have resources that you would like to share. Please email Suzanne or Brittany so that they can be added.

Employment

If you have found yourself without a job because of COVID-19, click the link in the title to find resources related to employment. If you'd like a list of companies currently hiring please click



[here](#) .

Child and Youth

In the midst of this COVID-19 outbreak, families are finding themselves at home with their kids, and potentially unsure of what's next. Here are some great resources for those of you with kiddos to help them understand what is going on, how to continue digital learning while schools out, how to talk to them about cancelled events, and some fun activities to do while homebound.

Mental Health

During this COVID-19 outbreak it is easy to fall into a place of anxiety. With all the focus on our physical health, it's important to not forget about our mental health. If you are feeling overwhelmed or are in need of some assistance, here are some great resources that can help during this time of crisis.



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HIGHLIGHTED RESOURCES

American Veteran Channel: Ethan's Reach

Mountain Time Media is proud to announce its first live streaming event and the premiere of "ETHAN'S REACH." The documentary short film tells the story of 24-year old Denver resident Ethan Edelman, who took his own life Veterans Day 2015.

Deployed to Afghanistan, the United States Army Specialist "wasn't the same" when he returned to Colorado. Family members and those deployed with him discuss his life and the silent trauma war can bring. A combat veteran-turned-counselor offers his support. The film also documents a reunion of Ethan's battle buddies at Copper Mountain.

USO Career Chats

Are you interested in what it's like to transition from career Navy SEAL to Bestselling Author? What about careers in the finance industry? You're in luck because the USO is hosting two virtual Career Chats! For more



information about this fun event, please click the link in the title.

USO Talent Showcase

The USO Talent Showcase submission deadline is coming up quick! This is the opportunity to show off your amazing talents! USO Denver's Virtual Talent Showcase is designed to show off the talents of our military community, USO Supporters and USO Volunteers.

How to Participate: Create a 30 second to 2 minute video of you performing a talent, it can be singing, dancing, acting, juggling, magic, stand-up comedy, clogging, gymnastics, color guard, and many, many others

For more information on how to participate, please click the link in the title.

Virtual Military & Veterans Employment Expo

When: May 21-June 12

Where: ppwfc.org/mvee

If you would like to attend this virtual job fair please make an account in connectingcolorado.com



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Seasons Hospital and Palliative Care Seeking Volunteers

Seasons Hospice and Palliative Care is looking for Veteran Volunteers in all 9 counties that they serve.

Opportunities Available:

- Assist Veterans in reminiscing/telling life stories
- Educate and assist patients in receiving Veteran benefits
- Take part in pinning ceremonies or distribute certificates
- Assist in replacing lost medals

Prep Connect 360 Advanced Job Seekers Workshop

Free 5-Day Advanced Job Seeker's Workshop

For Veterans, Active Duty, Guard/Reserves, & Military Spouses

When: June 15-19, 2020

Time: 8:30-4:00PM

Where: Pikes Peak Workforce Center
1675 Garden of the Gods Road
Colorado Springs, CO 80907

Give an Hour Updates

During this challenging time Give an Hour continues to serve our military and their loved ones. Please click the link in the title to read about a few updates from Give an Hour as well as an exclusive offer from the Washington National Cathedral. They are also available to do presentations, answer questions, and address any concerns you may have.

VA ECHCS Business Center Update

To further protect the health of their Veterans and staff, the VA ECHCS Business Center is closing to in-person appointments. Attached explains how Veterans can access travel pay, Veteran Health Identification Cards (VHIC), release of information, eligibility/enrollment, etc. until our Business Center reopens for in-person customer service.

The VA ECHCS Business Center will only be allowing in-person customer service for new enrollees and new VHIC card issue.



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USO For the Forces Virtual Run

Our USO Centers have temporarily suspended operations, but we are still supporting our military service members who are working tirelessly in support of the fight against COVID-19 in our communities. By taking part in the USO – For the Forces Virtual Run, you will honor our military community.

Our virtual run is open to the public and can be completed anytime, but we suggest the weekend of June 6-7, in honor of those who fought and continue to fight for our freedom. June 6th is the 76th anniversary of D-Day.

USO Colorado Springs Virtual Events

USO Colorado Springs has two fun things going on despite the current pandemic.

Operation Birthday Shoutout and Discovering your Spark Virtual Workshops. Please click the link to learn more.

Onward Colorado

Onward Colorado is a one stop resource for those affected by job loss during COVID-19.

On the site you will find resources for money, food, shelter, child care, etc.

There is also job training and a job search portal.

All that has to be done is taking the simple survey and you'll be matched to the appropriate resources.

Denver Vet Center

The Denver Vet Center has recently updated their informational brochure.

Please share with your network!



Colorado JCF is an entity of the Colorado National Guard Family Program Office



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Free Mental Health Webinar

Your Weapon Is Your Mind is hosting a free webinar this month on military competence titled: "3 Important Concepts in Veteran Mental Health"

Event Details

Option 1: Tuesday, May 19th at 8:00AM

Option 2: Wednesday, May 20th at 6:00PM

Location: Zoom

Cost: FREE

NGB Outreach Counseling

Services

NGB has a MOU with the VA's Mobile Vet Centers. They will come to where your members are drilling/activated and provide services to your military members who are eligible for VA services. They can provide virtual support where in-person support is not feasible.

VCP May Newsletter

Please click the link in the title to read the May issue of the Veteran Community Partnership Newsletter.



VETERAN COMMUNITY
PARTNERSHIPS

Tricare Dental Premium

Change

Tricare Dental is updating its premium costs starting May 1. Please click the link in the title to see the change.



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The Sturm Center

The Sturm Center is currently providing Telehealth behavioral health services to Veterans (no matter discharge status, combat status, or era), service members (including Guard and Reserve), and families (including children and adolescents). They can provide services weekly on an unlimited basis. Call 303-871-7942 to schedule.

Marriage Mondays

The Center for Relationship Education has put together a series of virtual relationship workshops starting next month, ABSOLUTELY FREE!

These workshops are open to anyone who is dating, engaged, or married.

To learn more or to register: <https://www.myrelationshipcenter.org/marriage-mondays>

Give an Hour Mental Health Event

Join Give an Hour for a virtual, global mental health event called A Week to Change Direction. A Week to Change Direction is a virtual event where we are asking you to flood social media by sharing how you are taking care of your emotional well-being by creating and maintaining Healthy Habits. Share what you are doing for yourself and for your loved ones, coworkers, neighbors and communities to protect and encourage everyone's emotional wellness during this terrible worldwide pandemic.

Colorado Humanities Online Writing Workshops

Veterans Writing Workshops offer a safe place for veterans, their family members, and caregivers to write about their experiences. These workshops provide participants the opportunity to create, share, and receive feedback on their writing and are led by veterans who are professional writers. Previous writing experience is not necessary.

Sign up for completely free and private expressive writing workshops by emailing Cindy@cskaggs.com



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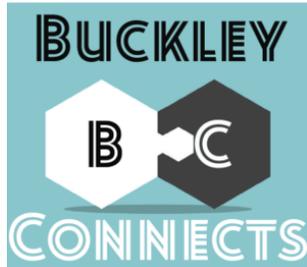
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HIGHLIGHTED RESOURCES

Buckley Connects

Buckley Connects wants to express that they are still available for assistance! By clicking the link in the title you will find flyers for their upcoming Connection Classes offered on Zoom by their Mental Health Clinic, as well as the agency flyer.



USO Denver Virtual Events

USO Denver is still here for our military community and their list of upcoming virtual events continues to grow. They've put together a comprehensive update with links for more details on a specific activity. If you have any questions, please don't hesitate to reach out to them.



USO Pathfinder Update

USO Pathfinder is still open virtually! Please connect with them to help you stay on track with your transition.



Remote Vet Care-Televet

The Piney Creek Integrative Veterinary Medicine Team has started a telemedicine and Televet service. Please click the link above for more information on how to set up an appointment.



JCF...Enhancing lives one resource at a time.