



BACK BY POPULAR DEMAND

# Career Planning for Spouses

(Military Spouses)

Are you looking to build focus and self-confidence? Or do you want to discover, clarify and strengthen your skills, values or interest? If so, this seminar is designed for you and the unique life of the Military Spouse. Though many consider the accomplishments of the military spouse to extraordinary, the military spouse considers it all to be “routine”. While it is human nature to be humble about your abilities and achievements, when you are in the job search mode you need to make as many people as possible aware of your positive qualities.

- \* Day One allows you time to reflect your skills, abilities, and interests. Ideas explored include finding your passion, dealing with your fears and finding “your” direction.
- \* The last day we get down to business learning different techniques and strategies. We cover how to deliver an effective 30 Second Commercial, networking skills, resume writing, and interview preparation for your job search. We wrap up the day by putting your new skills to work! Our community employer partners provide concrete advice on the opportunities available in Colorado Springs. This is a great networking opportunity.



**PETERSON AIRMAN & FAMILY  
READINESS CENTER**

**PETERSON AFB**

March 26-27, 2020

June 11-12, 2020

Sept. 24-25, 2020

Dec. 3-4, 2020

8:30 a.m. - 2:30 p.m.

\*must attend both days

For information or to register call  
the Airman & Family Readiness  
Center ~

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