



# Peterson AFB Commissary EXPRESSLINE

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## Commissary Rewards Card Tips for the MyCommissary Portal

We recently introduced a new MyCommissary online customer portal. By now, perhaps you've gotten your feet wet with it, or maybe you weren't sure where to get started in the first place. Either way, these tips are for you!

One of the first capabilities we've launched on the portal is the new home for the Commissary Rewards Card. Because we've transitioned the interface for this from a separate website to being part of this portal, there's bound to be a learning curve, as you learn how to navigate this new interface and we learn what adjustments we may need to make to ensure the portal will be as user-friendly as possible. For more information [see our news release](#).

### YES! Your Everyday Savings

Enjoy consistently lower prices on the items you love!

Year-round savings, trusted brands and great prices daily.



### Staying informed about food-safety-related recalls can be a full-time job.

Thanks to [Commissaries.com](#), it's just a couple of clicks away. Click [Stay Informed](#) for alerts on products sold in commissaries or on [All Recalls](#) from the FDA.

## Scholarships for Military Children

**Dec. 14 start date for new applications; process all online**

FORT LEE, Va. – The Scholarships for Military Children Program for school year 2019 – 2020 kicked off Dec. 14, and will continue accepting applications through Feb. 15.

This marks the first time the entry process will happen entirely online according to Jim Weiskopf, Fisher House vice president. "It will be simple to create an account, save your work and submit your application when finalized," he explained. "The online process will make it easier for military children to reach their education goals."

The program, entering its 19th year, recognizes the contributions of military families to the readiness of the fighting force and celebrates the commissary's role in enhancing military quality of life. Learn more [here](#).

Commissary patrons are also reminded that [MyCommissary](#) is the place to manage their online shopping experience.

**YOUR COMMISSARY**  
*It's Worth the Trip!*

## Stay warm this winter

### Cuban Style Red Beans and Rice

A great way to up the nutrition quality of your diet is to consider increasing the number of plant-based meals in your menu. Plant-based foods offer fiber, key vitamins and minerals, and phytonutrients, which are not typically found in animal-based foods. Meatless meals comprised of plant foods is a great way to assist with meeting intake recommendations for fruits and vegetables. This [dietitian approved recipe](#) is an easy-to-prepare, one skillet meal that's perfect for staying healthy during those cold winter days.



## Store Director's Scoop

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### New Year's Resolutions

A New Year's resolution is a tradition, most common in the Western Hemisphere but also found in the Eastern Hemisphere, in which a person resolves to change an undesired trait or behavior, to accomplish a personal goal or otherwise improve their life (Wikipedia). Some people set exercise goals, others just try to maintain healthier eating. Peterson Commissary offers a variety of health foods, produce, Gluten Free foods and other options to assist you in your personal goals.

### Freedoms Choice, Top Care, Home Base

As you may have noticed, the Commissary has started to offer many food and health care products with these names. These products are being offered to you at a fraction of the cost of name brand items. These are our Commissary brand goods. We recently added Freedoms Choice spices to aisle 2, the baking goods aisle. If you have not yet tried the Commissary brand, give it a shot. You may be pleasantly surprised!



### **Football Madness**

After settling from this holiday season, you might start preparing for your next big event- The Super Bowl! Peterson Commissary is planning a Super Bowl display at the entrance of the store, where you will find all of your party favorites. Please do not forget that our Deli and Produce Departments offer party trays! The Deli offers sandwich, cheese and cold cut trays and the Produce Department offers fruit and vegetable trays. Please see an associate for more details and to place your orders.

### **Fruit baskets**

The Produce Department offers fruit baskets, made to order in a variety of sizes for any occasion. A fruit basket is a healthy alternative to traditional gifts for the special people in your life.

### **Special Meat Department Orders**

The Meat Department offers special cuts and requests year- round. Visit our Meat Department and see how they can accommodate your special requests.

### **Snow Punch Recipe**



- 1 Cup freshly squeezed lemon juice
- 2 5 medium ripe bananas
- 3 ¾ cup granulated sugar; superfine if possible
- 4 2 cups half-and-half
- 5 1 liter lemon-lime soda
- 6 ½ gallon vanilla ice cream or frozen yogurt
- 7 Optional Rim:
  - ½ cup sweetened shredded coconut
  - Canned vanilla icing or corn syrup

### **INSTRUCTIONS**

Place lemon juice, bananas and sugar in a blender, cover and mix until smooth. Add half-and-half, cover and blend until smooth. Cover and refrigerate up to 1 hour.

Just before serving, pour lemon/banana mixture into a punch bowl. Stir in soda and top with scoops of ice cream.

Optional, but oh, so pretty; dip the rims of the glasses in corn syrup or vanilla icing then dip the coated rims in coconut.

### **Find our store Web pages**

Did you know our store has its own page on the Commissary website? Click here to access Peterson’s web page: <https://commissaries.com/shopping/store-locations/peterson-afb> Here, you will find special store specific information such as Holiday hours and promotions.

### **Subscribe to Express Line**

If you would like to subscribe to Express Line, send an email to: [colleen.heffner@deca.mil](mailto:colleen.heffner@deca.mil) Please include “Subscribe me to Express Line” in the subject line.

<b>PHONE Numbers</b>	Store Administrator	3026	<b>STORE Hours</b>	Sun: 0900-1800	Wed: 0900-1900
	Store Manager	3029		Mon: 0900-1900	Thu: 0900-1900
	Grocery	3066		Tue 0900-1900	Fri: 0900-1900
	Produce	3001			Sat: 0800-1900
	Meat	3035			
	Customer Service	3032			
Secretary	3027			<b>Early Bird Shopping:</b> 0800-0900 M-F 40 items or less Self-Check-Out Only	