

NEED TO TALK?



Military & Family Life Consultant Program
Available to the Air Force

Military & Family Life Consultants (MFLCs) are here to listen. MFLCs are available to help service members, spouses, children and staff address:

- » Deployment and Reintegration Issues
- » Marriage and Relationship Issues
- » Parenting, Sibling and Family Issues
- » Communication Challenges
- » Stress and Anxiety
- » Depression
- » Grief and Loss
- » Daily Life Issues

Consultations and trainings are **free** and **anonymous**. * **No records are kept.**

HELPING YOU IS OUR PRIORITY

After-hours and weekend appointments are available. Group or off-site meetings can be arranged.

SCHEDULING AN APPOINTMENT IS EASY

Just call your local MFLC.



Your contact is:

PETERSON AIR FORCE BASE

Military & Family Life Consultant

Serving all Military Branches

719-640-9961

